



Because children depend on all of us



UNIVERSITY OF MANITOBA | Faculty of Social Work

The Caregiver Curriculum on FASD Welcome and Instructions

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Website

- Welcome to the Caregiver Curriculum on FASD (Fetal Alcohol Spectrum Disorder) 2014
- Introduction Message and Instructions for Using the Caregiver Curriculum on FASD
- **Website Address:** www.fasdchildwelfare.ca

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Contents of this Document

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- Contact Information for the Curriculum Development Team
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Introduction and Overview

The purpose of this curriculum is to provide a venue for caregivers including foster parents, families, kinship care, youth and child care workers, child welfare services, and others trying to understand and cope with many of the life challenges faced by children with FASD. This curriculum has been developed as part of a research grant provided by the Public Health Agency of Canada (PHAC) that also included development of the website fasdchildwelfare.ca, and a tri province study in Alberta, Manitoba and Ontario in relation to prevalence of FASD in child welfare systems.

This curriculum was developed in Canada and it intended to be useful to any caregiver or program that serves children and families living with FASD internationally.

This curriculum was developed with the caregiver in mind and it is intended to promote FASD informed care and preferred practice. Children with FASD have complex needs and live with a lifelong disability that is not always well understood and the goal of this curriculum is to help support *FASD Informed Care*. The Caregiver Curriculum on FASD is a self-study format with no time limitations and you can work through it at your own pace. Take as long as you need with each module.

Welcome Message

- While it is not possible to cover every possible topic on caring for children who have a diagnosis of FASD, this curriculum was designed as a practical and useful resource. We hope that this curriculum will continue to evolve and grow. This work is intended as a support for caregivers and a learning opportunity and should not be used in the place of professional, medical or diagnostic advice and recommendations. *The Caregiver Curriculum on FASD is not an assessment or diagnostic tool.* It provides basic information on FASD and caregiving and is intended as a resource to support caregiver learning. If you have concerns about any issues for a child in your care, please contact the appropriate professional member of the child's team.

Purpose of the Caregiver Curriculum on FASD

- The Caregiver Curriculum on FASD (2014) is a free resource available as Power point and pdf files. If used as a training resource you are required to use the citation listed on the final page of this document and acknowledgement of the authors. The curriculum was designed as a self-study format and is offered as a series of 6 major topics and detailed modules for each topic. The curriculum includes an Introduction, The Impact of Fetal Alcohol Spectrum Disorder, Understanding FASD as a Disability for Children in Care, Caregiver Self-Care, FASD and Behavior, Special Topic – Grief and Loss, and Working with Professionals.

Instructions on how to use the Caregiver Curriculum on FASD

- If you wish to use the interactive PowerPoint files, you will need to have a working copy of Microsoft PowerPoint or Microsoft PowerPoint viewer. Microsoft PowerPoint viewer is available as a free download at <http://www.microsoft.com/en-ca/download/details.aspx?id=6>
- If you do not wish to use the PowerPoint version, all of the curriculum modules are also available as PDFs that can be printed and viewed offline. **Please note that navigation buttons appearing on the module pages will not work in PDF format.**
- Download the modules that you are interested in working through using the table of contents below. Clicking on the name of the module you are interested in will begin the download. Please download and read the introduction module before moving forward in the curriculum as it contains important information.

The Caregiver Curriculum on FASD Topic and Module Listings

Main Topic	Module	Power point File	Printable PDF
Introduction	Introduction		
The Impact of Fetal Alcohol Spectrum Disorder	The Impact of Alcohol on the Developing Brain	Module 1.1	
	Neurological Effects of FASD	Module 1.2	
	Co-Occurring Conditions	Module 1.3	
Understanding FASD as a Disability for Children in Care	Understanding FASD as a Disability	Module 2.1	
	Viewing FASD as a Lifespan Disability	Module 2.2	
	FASD Informed Care	Module 2.3	
	FASD and Employment	Module 2.4	
	Reframing FASD from a Strengths Based Perspective	Module 2.5	
Caregiver Self-Care	Caring for the Caregiver	Module 3.1	
	Compassion Fatigue	Module 3.2	
FASD and Behavior	Behavioral Concerns and FASD	Module 4.1	
	Understanding Dismaturity	Module 4.2	
	Adjusting & Adapting Expectations	Module 4.3	
	Practical Approaches to Behavior Management	Module 4.4	
Special Topics	Grief and Loss	Module 5.1	
	Grief and Loss (2)	Module 5.2	
Working with Professionals	The Interprofessional Matrix on FASD	Module 6.1	

Topic 1 – The Impact of Fetal Alcohol Spectrum Disorder Modules

Introduction	Introduction	
The Impact of Fetal Alcohol Spectrum Disorder	The Impact of Alcohol on the Developing Brain	Module 1.1
	Neurological Effects of FASD	Module 1.2
	Co-Occurring Conditions	Module 1.3

Topic 2 - Understanding FASD as a Disability for Children in Care

Understanding FASD as a Disability for Children in Care	Understanding FASD as a Disability	Module 2.1
	Viewing FASD as a Lifespan Disability	Module 2.2
	FASD Informed Care	Module 2.3
	FASD and Employment	Module 2.4
	Reframing FASD from a Strengths Based Perspective	Module 2.5

Topic 3 – Caregiver Self Care

Caregiver Self-Care	Caring for the Caregiver	Module 3.1
	Compassion Fatigue	Module 3.2

Topic 4 – FASD and Behavior

FASD and Behavior	Behavioral Concerns and FASD	Module 4.1
	Understanding Dismaturity	Module 4.2
	Adjusting & Adapting Expectations	Module 4.3
	Practical Approaches to Behavior Management	Module 4.4

Topic 5 – Grief and Loss

Special Topics	Grief and Loss	Module 5.1
	Grief and Loss (2)	Module 5.2

Topic 6 – Working with Professionals

Working with Professionals

The Interprofessional Matrix
on FASD

Module 6.1

To the Caregiver

- Thank you for your interest in this curriculum. We hope you find the topics and modules helpful. If you have any questions or feedback please contact:
- Dr. Dorothy Badry, Faculty of Social Work, University of Calgary
- E-mail: badry@ucalgary.ca

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